



Costa Brava Hospice

**SPIRITUAL
SUPPORT
FOR THE DYING**

Course designed for
health professionals
and those who intend to
work in hospice care

***Tew Bunnag
Mar López Sala***



Costa Brava Hospice

Dying may well be the most important stage in the life of a person. This is the stage when many needs must be attended to, including, above all, the spiritual needs of the dying person.

Professional healthcare workers and other people in attendance at this time grow close to the dying person and their family. Many of us feel daunted by our lack of training and resources to

deal with the situation. We find ourselves face to face with death, and we can feel at a loss as to how to help the dying person, from a lay spiritual perspective.

This workshop is designed to raise awareness of our own spiritual reality and from there to learn how to provide appropriate support for the dying person.

FIRST DAY

- Introduction.
- Science and spirituality.
- Issues that surround the provision of spiritual support for the dying, including those that affect us personally.
- Awareness of our own spiritual reality-
- Practical session. Bodywork.

SECOND DAY

- Communication during the dying process. The art of communicating during the last moments of life.
- The spiritual companion. The wounded healer.
- Tools and resources to support and facilitate the work.
- Caring for the carer. Issues of burn-out.
- Loss. Acceptance. Grief.
- Practical session. Bodywork.

THIRD DAY

- The dying process. The physical aspect. The non-physical aspect.
- Connecting with our own mortality.
- Our own beliefs about death.
- Transcendence.
- Our own experiences of death.
- NDE (near-death experiences) and scientific research.
- Practical session. Bodywork.



TEW BUNNAG



- MA in Economics, Cambridge University
- Tai Chi and meditation teacher
- Author of several books on Tai Chi and meditation
- Board member of The Human Development Foundation in Bangkok
- Speaker at the 'Death and Dying' symposia at University Hospital, Elche (Alicante)
- Instructor at courses and workshops on spiritual support for the dying at the Spanish Palliative Care Society (SECPAL) and the EAPS (Psychosocial Support Team)
- Instructor at spiritual support courses and workshops for professional healthcare workers in hospitals all over Spain
- Former president and founder member of Vinyana Association for training in spiritual support during the dying process
- Therapist and instructor in Costa Brava Hospice Association and Metta Hospice Foundation, set up with the aim of promoting the Hospice philosophy in Spain
- Provider of spiritual support for the dying and their families, at home and in hospital

MAR LÓPEZ SALA



- Degree in Medicine and Surgery, Universitat Autònoma de Barcelona (1990)
- Degree in Odontology, Universitat de Barcelona (1993)
- Master's degree in Neural Therapy, Sant Joan de Déu University School of Nursing (EUI).
- Master's degree in Neural Therapy lecturer at Sant Joan de Déu University School of Nursing (EUI).
- Multidisciplinary training in palliative care at San Camilo Centre for Humanizing Healthcare, Madrid
- Trained at Vinyana Association as an Expert in Support for the Dying
- Author of 'The Hospice as a support model' chapter in Death and Dying by Vicente Arráez et al., (Edicions Escola de Vida, 2018)
- Volunteer supporter for the very ill and dying at Mutuam Girona (Obra Social "la Caixa" programme).
- Co-organizer and lecturer at 'Living and Dying' course on dying processes, sponsored by Nava Jeevam Association, Mallorca.
- Trained in various disciplines of bio-regulatory medicine and holistic healthcare management.
- Private practitioner in integrative medicine and odontology.
- Speaker at lectures and courses on integrative medicine and odontology for professional healthcare workers



DATES AND TIMES

Sunday 22nd November from 10.00h to 12.00h and from 14.00 to 16.00h

Sunday 29th November from 10.00h to 12.00h and from 14.00 to 16.00h

Sunday 6th December from 10.00h to 12.00h and from 14.00 to 16.00h

The three modules must be taken together over the three-day duration of the course.

VENUE

Zoom platform

When we receive your transfer we will send you the invitation to the zoom meeting.

INFORMATION

For further information please contact:

COSTA BRAVA HOSPICE

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COURSE ENROLMENT

Please send email with your full name, profession and contact number to Mar López.

Fee: 300€

Payment details:

ES07 0081 1426 3400 0104 3615

Account name: Mar López

Please give your name and email as a reference.



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